



Farmstead Golf and Country Club  
Thursday, May 1, 2008



BENEFITING THE  
**MHE RESEARCH  
FOUNDATION**  
A NON-PROFIT  
CORPORATION

## A LITTLE BACKGROUND

### MHE....What is it?

MHE (Multiple Hereditary Exostoses) is a hereditary bone disease that causes bone tumors to form mostly on or near the ends of long bones, though almost any bone in the body can be affected. To date, surgery is the only method used to correct deformities, remove tumors and increase range of motion. People with MHE can have a great deal of difficulty walking, running, lifting, carrying, bending joints, kneeling, grasping and with arm and leg rotation. Many suffer from chronic, often disabling, pain and fatigue. Tumors can grow and increase at any time, but tend to increase in size and number during growth spurts. Unfortunately, there is a chance that these tumors can become malignant.

All proceeds go towards furthering the understanding of MHE through research and educational programs.



### MHE Research Foundation....Who are we? [www.mheresearchfoundation.org](http://www.mheresearchfoundation.org)

The MHE Research Foundation is a nonprofit organization for researchers, physicians and families dealing with this rare genetic bone disease.

The MHE Research Foundation is a newly created organization that was formed to raise money that will be specifically used for researchers and physicians. Our organization is dedicated to promoting and encouraging research to find the causes, treatments, and ultimately the cure for this rare bone disease.

MHE Research Foundation  
149-34 16th Road  
Whitestone, NY 11357  
917.841.2217

**Website:**  
[www.mheresearchfoundation.org](http://www.mheresearchfoundation.org)

